

My 2020 COVID-19

Time Capsule

I am

I am in

I am

YEARS OLD

GRADE

AT HOME WITH

By: _____



HOUSTON MOMSSM

HOW I'M FEELING

Words to Describe
How I Feel:

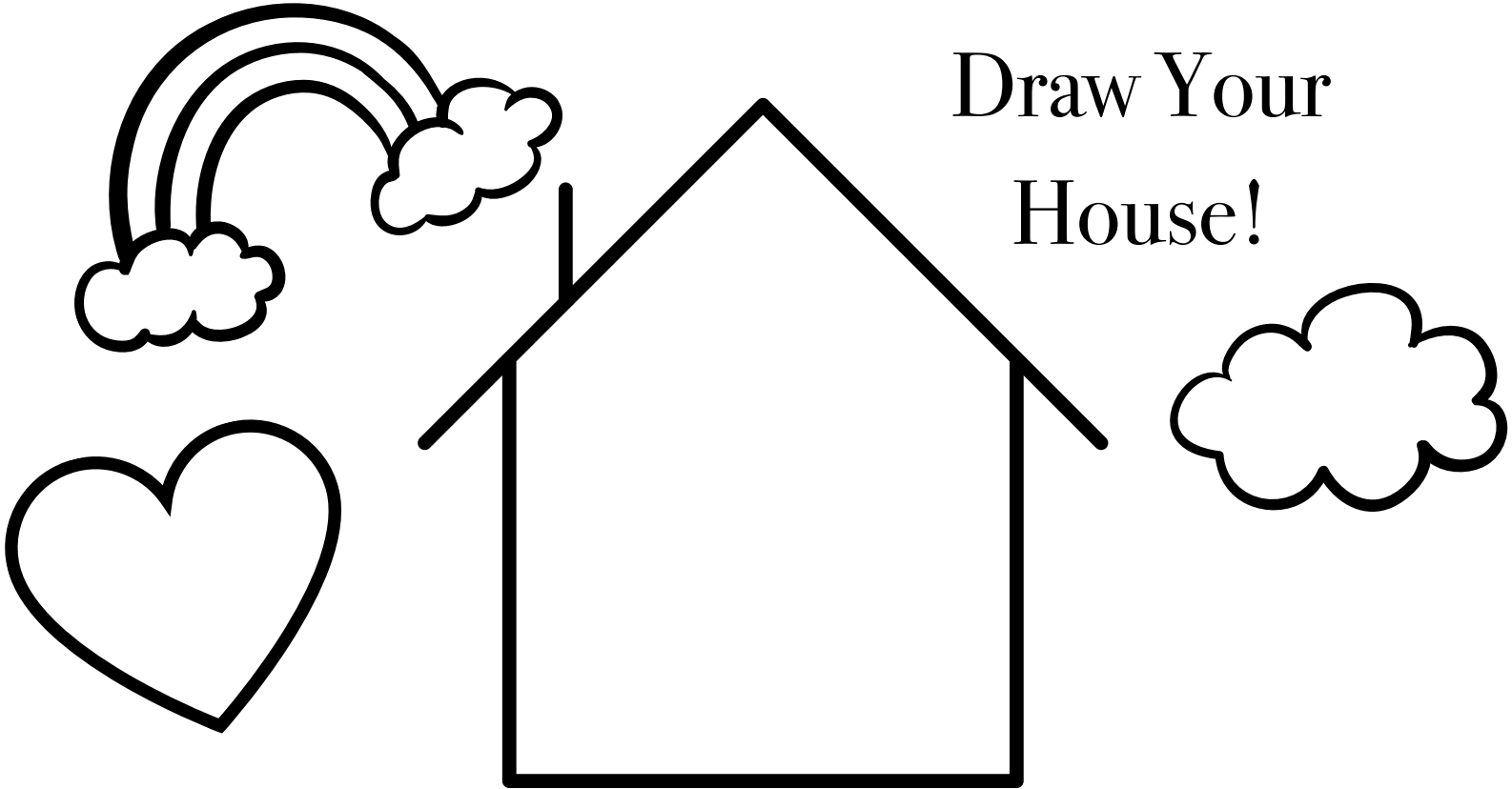
I'm Thankful For:

What I Have Learned From This Experience:



MY COMMUNITY

Draw Your
House!



What things are you doing to feel connected?
How are you connecting with others? {hearts in windows,
chalk art on sidewalks, etc}



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STAYING AT HOME

YOU AREN'T STUCK AT HOME.

YOU ARE SAFE AT HOME!

DRAW WHAT YOU ARE DOING TO
KEEP BUSY AT HOME:



SPECIAL OCCASIONS

What occasions did you celebrate during this time?

Write the list down here and what you did to celebrate?

{St. Patricks Day, Easter, Birthdays, Anniversaries, etc.

Event	Date	How You Celebrated



LETTER TO

MYSELF

Dear

Love,



HOUSTON MOMSSM

INTERVIEW YOUR PARENTS

What has been the biggest change?

What activities have you enjoyed the most?

How are you feeling?

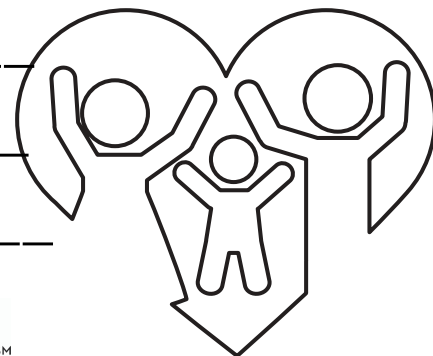
How's homeschooling going?

What TV show have you watched? _____

Your Favorite Inside Activity? _____

Favorite Time of Day? _____

Favorite Food to Bake? _____



LETTER FROM YOUR
PARENTS

Dear

Love,

